

9 天速记 1000 组高频短语

1. an amount of +不可数名词 许多
2. a flock of (sheep) 一群 (羊)
3. a handful of 一把, 少量的, 少数 (修饰(不)可数名词)
4. a large(great/ huge) number of 大量的, 许多
5. a large quantity of 许多 (修饰(不)可数名词)
= large quantities of
6. a large sum of money 一大笔钱
注意: a large sum of 后通常跟 money
7. a mass of 大量, 许多 (修饰(不)可数名词)
= masses of 大量, 许多 (修饰(不)可数名词)
8. a packet of 一盒, 一捆, 一包
9. a series of 一系列的, 一连串, 一套
10. a variety of 种种的, 种类繁多的
11. account for 解释 (说明/是) ...的原因
(数量, 比例上) 占
12. accuse sb of sth 指控某人为...
accuse sb of doing sth 指控某人 做某事
13. act as 担任, 充当
14. act for 代理, 代表
15. act in 在...中表演
(否) 代表...讲话
16. act on/upon 根据...行事; 对...有作用, 有影响
17. act out 把...表演出来
18. act up 调皮, 捣乱; (机器等) 出毛病
19. adapt (oneself) to (doing) sth.
(使自己) 适应 (做) 某事
=adjust (oneself) to (doing) sth.
20. add to 增加, 增添
21. add up to 加起来共计, 总计达; 意味着
22. add up 把...加起来
23. add... to... 把...增加到...中, 给...增加/添...
24. admit of 容许, 有...的可能
25. after that 于是.然后
26. agree on sth 就...取得一致意见
27. agree to do sth 同意做某事 如:
agree to sth 赞同某人的建议
agree to a plan 同意某个计划
agree to the decision 同意这个决定
agree to their proposal 同意他们的提议
agree to suggestion 同意我的建议
28. agree with 同意某人的意见
与...一致/相符; 适宜于...
29. allow for sb/sth 将...计算在内,考虑到
30. allow of sth 容许..., 使有可能
31. amount to 共计, 总计; 等于, 相当于
32. answer back 顶嘴, 还嘴; 答辩
33. answer for 对...负责; 担保, 保证
34. answer to sb (for sth) 向某人(为某事)负责
35. apart from 除...都, 除...以外
36. apologise to sb for (doing) sth
为某事而向某人道歉
37. appeal to sb 对... 有吸引力,引起某人的兴趣
呼吁; 上诉,申诉
38. apply for 申请, 请求

- 比较: apply to 应用, 适用
39. appoint sb as... 任命某人当...
40. approve of sth 批准, 通过; 赞成, 同意
41. argue sb into doing sth 说服某人做某事
42. argue sb out of doing sth 说服某人不做某事
43. argue with sb about/over sth
为某事和某人争论 (辩)
44. arise from.../ out of... 由...引起, 因...产生
45. arm sb/oneself with sth 用某物武装某人(自己)
46. arrive at sth 达成 (协议等,做出 (决定等),得出 (结论等) = reach
arrive at an agreement 达成协议
arrive at a decision 做出决定
arrive at a conclusion 得出结论
47. as a consequence (result) of
作为 (...的) 结果, 由于...的结果
48. as a consequence 结果, 因此
= as a result. (作为) 结果
49. ask about 询问, 打听
50. ask after sb 问候, 问好
51. assist sb in/with sth
52. assist sb to do sth 帮助某人做某事
= assist sb in doing sth
53. associate A with B 把 A 和 B 联系起来
54. at one's own charge (expense) 自费
55. at random 随便地, 随意地
56. at the opening (closing) ceremony of ...
在.....开/闭幕式上
57. at the rate of 以.....的比率
58. attach to 加在...之上, 使喜爱, 使依恋, 参加,
- 附着
59. attempt to do sth 试图做某事
60. attend a wedding 参加婚礼
attend a funeral 参加葬礼
attend the lecture 参加讲座
attend a class 上课
attend school (university) 上学, 读书(上大学)
attend the meeting 出席会议
61. attend to 注意, 专心于; 处理, 对付; 照料
62. awake to sth 觉察到, 意识到, 醒悟到
63. back out (of sth) 退出, 食言
比较: break one's appointment 违约
cry off 食言, 毁约
break one's appointment 违约
64. back up 后退, 倒车; 支持, 支援
65. base (build) sth on/upon sth
把...建立在...基础之上
66. be (have) to do with sb/sth 关于; 与...有关系
67. be addicted to 沉溺于
68. be aimed at 目的是, 旨在; 针对, 对象是
69. be amazed at 为.....感到惊讶
70. be anxious about ... 为...而忧虑/着急/担心
71. be anxious for ... 渴望, 非常希望
72. be armed with 以...武装
73. be ashamed of 为 ...感到羞愧/惭愧
74. be associated with ...与...有联系
75. be awarded a Nobel Prize 获得诺贝尔奖
76. be aware of 意识到, 知道
77. be based(built) on/upon... 以...为根据(基础)
78. be bent on sth/doing sth 一心想做某事

79. be bored to tears/death 非常厌烦
= be dying for... 渴望得到.....
80. be burdened with sth 负担着..., 担负着...
98. be eager for ... 渴望得到.....
= long for... 渴望得到.....
= be dying for... 渴望得到.....
81. be caught in 突然/偶然遇到
be caught in a rain 突然遇到雨
be caught in a traffic jam 突然遇到交通堵塞
99. be eager to do sth 急着想做某事
100. be eager to do sth 急着想做某事
101. be effective in 在.....方面有效
102. be equipped with
具有, 装有...设备, 为...做好准备
82. be charged with 承担, 被控告
103. be familiar with 对...很熟悉
83. be composed of 由...组成/构成
对比: be composed of 由...组成/构成
consist of 由...组成/构成
104. be in(the) charge of
在某人的掌管下, 由某人经营/照顾
84. be concerned about / for/ with...
为...而忧虑/着急/担心; 对...关切/关注/感兴趣
105. be incontact with 与...有交往
85. be confident in 在...方面自信
106. be inpossession of 持有,拥有,占有,占领
86. be connected to 与...有关系
107. be in sb's possession 被某人占有/拥有
= be in the possession of sb
87. be content to do sth 愿意做某事
比较: be delighted to do sth 高兴做某事
108. be intended for 为了
88. be content with 对...感到满意, 满足于...
109. be jealous of 嫉妒
89. be curious about 对...感到好奇
= have the curiosity about 对...感到好奇
110. be judged by 靠...来判断
90. be determined to do 决心做...
= determine / decide to do sth 决心做...
111. be my guest 请便, 随便
91. be devoted to (doing) sth 投身于
112. be not oneself 感觉身体不舒服
92. be devoted to sb 喜欢某人
113. be open to
对...开放, 易于接受, 经不起(诱惑)
93. be diagnosed with 被诊断为
114. be opposed to 反对
94. be divided by...被...除
115. be out for sth 试图得到某物
be out to do sth 试图做某事
95. be divided on...对于...有分歧
116. be related to 与...有关/联系; 与...有亲戚关系
96. be due todo sth 预定/到期应该做某事
117. be remembered for/as...
因/作为...而被纪念/怀念
97. be dying for sth./be dying to do sth 渴望, 极想
比较: be eager for ... = long for...

118. be set in 以...为背景
119. be supposed to do sth 应当, 应该做某事
120. be sure to do sth 一定,必定 (会做或发生)
务必 (去做某事)
121. be to blame (for sth) 该负责任, 应受责备
122. be trapped by 被.....所困
123. be uncertain of / about 对.....没把握
124. be willing to do = like to do 愿意做某事
125. be/get bored with (doing) sth 对...感到厌烦
126. bear/keep in mind that... 记住,把...记在心中
127. bear/keep sth in mind 记住, 把...记在心中
128. become of sb/sth (某人、物)遭遇如何
结果怎么样
129. begin as sth 起初是, 本来是
130. begin with 以...开始
131. be have oneself 表现得体, 举止规矩
132. believe in sb/sth 信任, 信赖; 信仰
133. believe it or not 信不信由你
134. belong to 属于
135. bend one's mind/efforts to sth
致力于某事, 专心致志于某事
比较: bend over 弯腰, 俯身;
bury oneself in sth 专心致志于某事
136. benefit from 从...吸取教训, 从...中获益
= profit by / from
137. beyond(without) compare 无与伦比
138. blame sb for sth 为某事而责备某人
139. blame sth on sb/sth 把...归咎于...
140. block off (用路障) 封锁, 堵住
141. block one's way/exit 挡住某人的路
- block one's view 挡住某人的视线
142. block out 挡住, 遮住 (光线或声音)
忘掉, 抹去 (不愉快的事)
143. block sth up 塞住, 封住 (孔、洞)
144. blow out 吹灭, 熄灭
145. blow up 爆炸, 炸毁; 给...充气
放大 (照片); 发脾气
146. break away (from sb/sth) 挣脱;脱离;背叛
147. break down (机器等) 出故障, 坏掉
(和谈等) 失败;
(身体) 垮掉; 破坏, 消除;
(化学) 分解; 把...分类
148. break into 强行进入, 闯入; 突然开始
149. break in 强行进入, 破门而入
break on sth 打断, 搅扰
150. break off 断开,折断,停顿,中断,突然终止
151. break out of sth 逃离(某地),摆脱(某状况)
152. break out (战争,瘟疫等) 突然爆发,发生
153. break through 突破;克服
(日月等从云雾中)出来,出现
154. break up with sb 与...绝交、断绝关系
155. break up 破碎,打碎; 散开,解散,驱散
(关系)破裂;(学校)放假
156. bring back 把...送回, 归还; 使回忆起
使想起; 恢复
157. bring down 打垮, 击败; 降低, 减少
使跌倒, 撞到
158. bring in 提出(新法案);引进,请来;赚得,挣(钱)
159. bring on 引起, 导致
160. bring out 使显现, 使表现出; 生产

- 出版, 公布, 发表; 阐明
161. bring sb/sth forth 生产, 产出
162. bring sth about 导致, 引起
163. bring sth forward 将(时间或日期)提前
提议, 提出讨论
164. bring sth on sb 使某人遭受不愉快的事,
给某人招致(不快)
165. bring sth to light 揭露(发), 披露
166. bring to 使苏醒
167. bring up 抚养, 养育, 教养
提出(讨论等); 呕吐
168. bring/call sth to mind (使)想起,(使)记起
169. bring/put sth to an end 使某事结束
= bring/put an end to sth
170. build up 建立; 增进(健康)
锻炼(身体); 加强
171. bump into sb 碰见, 偶然遇见
172. bump sb off 谋杀, 杀害
173. bump sth up 增加, 提高
174. burden sb with sth 使某人负担着/担负着...
175. burn down(火势) 减弱; 烧毁
burn down... to the ground 把...烧成平地
176. burn up 烧毁, 烧掉(vt/vi)
(火)烧得更旺; 消耗(热能); 发烧
177. burst (sth) open 猛然打开
178. burst in on sb/sth 打断, 扰乱
179. burst into tears 突然大哭起来
burst into flames 突然燃烧起来
burst into laughter 突然大笑起来
180. burst into... 闯进, 突然破门而入(vt)
- 突然...起来
181. burst in 闯入, 突然破门而入(vi)
182. burst out doing sth 突然开始做某事
burst out laughing 突然开始大笑起来
burst out crying 突然开始大哭起来
183. burst out 大声喊叫;(战争,疾病)突然发生
184. bury oneself in sth 专心致志于某事
185. by appointment 按约定
186. by means of (doing) sth 通过,借助于...手段
187. calculate the distance between...
计算出.....的距离
188. call at sp (火车)停靠, 停留; 拜访(某地)
189. call back 叫...回来; (给某人)回电话
190. call for 需要, 要求; 去接(某人)
和某人同去某地
191. call in 叫来, 请来; 下令收回, 要求退回
192. call off 把...叫走; 取消, 停止进行
193. call on/upon 拜访(某人); 号召, 呼吁
要求, 请求
194. call out 大声叫嚷, 叫喊; 召唤...行动
195. call up 给某人打电话,使回忆起,使想起
征召入伍, 召集
196. calm (sb)down (使)平静下来, 镇静
197. cancel out 抵消, 对消
198. care about 关心, 关怀; 在乎, 在意
199. care for 照顾;喜欢,想要(否定句/疑问句)
200. carry about 随身携带
201. carry away 冲走, 带走;
(常用被动)使兴奋,使狂喜
202. carry back 拿回, 运回

203. carry off 赢得,获得; 掠去,夺走
204. carry on with sth 继续做...
=carry sth on sth 继续做...
= carry on doing sth 继续做...
205. carry out 贯彻,执行,进行(实验)
实施; 履行(诺言)
carry out a promise 履行诺言
carry out a plan 执行计划
carry out an order 执行命令
carry out a survey 进行调查
carry out an experiment 进行实验
206. carry sb back to sth 使回忆起, 使想起
207. carry sb through (sth)帮助某人渡过难关
208. carry sth through 成功完成
209. cash a cheque 兑现支票
210. cast away 抛弃
211. cast/throw light on/upon sth
使容易理解, 阐明
212. catch at 试图抓住; 渴望取得
213. catch one's breath 屏住呼吸, 屏息
214. catch one's eye/attention 引人注目
引起某人的注意
215. catch on 受欢迎, 变得流行(时髦)
catch on to sth 理解, 懂得
216. catch sb doing sth 发现某人正在做某事
217. catch sight of 看见, 发现
218. catch upon sth (用额外时间)补做, 赶做
了解(已发生的事)
219. catch up with 赶上, 追上
220. catch/take fire 着火
221. catch(take/get) hold of 抓住, 握住
222. cause damage to... 对...造成破坏
223. change(turn) (A) into B (把 A)变成 B
224. change A for B 把 A 换成 B
225. change one's mind 改变主意
226. charge sb with (doing) sth
指责/控告某人做某事
227. charge sth with... 使某事物充满...(情感)
228. check in (在旅馆, 机场等)登记, 报到
229. check off 经核对无误后做记号
230. check on 检查, 核对
231. check out 结账退房, 办清手续后离开
查证, 调查
232. cheer (sb/sth) up (使)高兴起来
(使)振作起来
233. cheer sb on 为...加油
234. classify ...into ... 把.....分类成...
235. clean (sth) up 打扫、清除干净; 清理,
整顿; 赚大钱, 发财
236. clean sb out 耗尽,用光(某人的)钱;洗劫
237. clean sth down 彻底打扫, 使...彻底干净
238. clean sth off (sth) 把...刷掉/擦掉
239. clear away 清除掉, 收拾掉
240. clear off 离开,逃离,逃跑,(云雾)消散
241. clear out 把...清空,清理,丢掉;迅速离开
242. clear the table 收拾餐桌
243. clear the way for sth 为...清除障碍,扫清道路
244. clear up (天)转晴;变干净;整理;解决,消除
clear up a mystery 解开谜团
clear up difficulty 消除困难

- clear up misunderstanding 消除误会
245. close down 停(歇)业, 关(倒)闭
(电台等)结束广播, 停止播音
246. close in on (sb/sth) (为了进攻)逼近, 靠近
247. close in (白昼)逐渐变短; (天气)变坏
(夜色)加浓, (夜幕)降临
248. close off 隔离, 封锁
249. close up (伤口)愈合;(尤指临时)关门停业,
锁上门;(使)靠拢, 靠近
250. collect one's thoughts (尽力)镇定下来
collect oneself (尽力)镇定下来
251. combine...with... 把...和...结合起来
252. come / go to ruin 变成废墟
= fall into ruin
253. come about 发生
254. come across with sth 提供, 供给, 给予
255. come across 偶然遇见, 碰见; 被理解
256. come along 跟随, 跟着来; 进步, 进展
赶快, 加把劲; 出现
257. come around/round 苏醒, 恢复知觉
come around/round to sp 短暂访问
258. come at 扑向, 袭击; 考虑, 思考; 得到, 达到
259. come back 回来; 再度流行
260. come by 得到, 获得
261. come down to... 到达, 从一处来到另一处
262. come down with 付出, 出(钱); 得, 感染上(病)
263. come down 下降, 降低; 倒塌, 坍塌
come down to sb 流传下来
264. come into+名词 进入某种状态 如:
come into action 开始行动, 投入战斗
- come into being/existence 开始存在, 产生, 形成
- come into effect/ force 开始生效, 开始实行
- come into fashion 开始流行
- come into operation 开始运转, 实施, 生效
- come into power/office 当权, 执政
- come into sight/view 映入眼帘, 看见
- come into use 开始使用
265. come off it 别胡扯, 别胡说, 住口
266. come off (计划等) 成功; 举行, 发生; 脱落
从...掉下/落下; 结果, 表现
267. come of 是...的后代, 出身于...; 是...的结果
268. come on/upon sb 偶然遇见, 偶然发现
269. come on 赶快, 加油, 加把劲; 得了吧; 开始
270. come out (日月星等)出现; 出版, 发行
盛开, 开花; 获得名次
271. come over 过来, 从远处过来; 顺便来访
=come over to...
272. come to +名词 来到..., 达到..., 得出... 如:
come to a decision 做出决定
come to an agreement 达成协议
come to a conclusion 得出结论
come to an understanding 达成谅解
273. come to a stop/an end 停止/结束
274. come to do sth 开始(认识, 理解)
275. come to understand 开始明白
276. come to know 开始了解到
277. come to realize 开始意识到
278. come to light 暴露, 为人所知

279. come to oneself 苏醒, 醒来
280. come to life 苏醒, 栩栩如生
281. come to terms with... 甘心忍受
282. come to 总计, 共计; 达到...的地步, 归结为
苏醒, 醒来; 达成
283. come true 实现
284. come up to sth 达到(某点), 符合
285. come up with 想出, 找出, 提出; 赶上
286. come up 走近, 上来; 长出, 发芽
(问题)被提出, 被讨论
287. come up to sb 走近某人
288. comment on / upon... 对...进行评论
289. commit suicide 自杀
290. commit the / a crime 犯罪
291. compare...to... 把...比作..., 把...与...进行比较
292. compare...with/to... 把...与...进行比较
293. compare notes with 和...交换意见/对笔记
294. compared to/with...与...相比
295. complain of 抱怨...
296. consist in 在于, 存在于
297. consist of 由...组成/构成
298. contribute to 有利于, 贡献, 捐款给, 为...投稿
299. convince sb of sth 使某人相信/信服...
300. convince sb to do sth 说服/劝说某人做某事
301. cool off/down (使)变凉, 冷却下来
(使)平静/冷静下来; 使凉快
302. count on sb/sth 依靠, 依赖, 指望
303. count sb in 把某人算入, 包括
304. count sb out 不把某人算入, 不包括
305. cross one's fingers 交叉手指(表祝福)
祈求成功
306. cross one's mind 掠过心头, 出现在脑海
307. cross out/off 删掉, 画掉
308. cry off 食言, 毁约
309. cry out for 迫切需要
310. cry out 大喊, 喊叫
311. current affairs 时事
312. curriculum vitae =CV n. 简历, 个人履历*
313. cut down 砍到, 砍伐; 削减, 减少
314. cut in line 插队
315. cut in 超出抢道; 插入, 插话
cut in on sb/sth 打断(谈话), 插嘴; (马达)发动
316. cut off 切/割/砍/剪/掉; 停止, 中断(供给)
使...与外界隔绝
317. cut out 剪裁; 删除; 停止做(使用, 食用)
(马达)停止运转
318. cut the cost of ... 降低.....的成本
319. cut through 抄近路穿过, 走近路
开辟(通道)
320. cut up 切碎, 剁碎; 使伤心/悲伤
321. date from 始于, 追溯到, 起源于
= date back to
322. deal in sth 经营, 买卖(某产品)
323. deal sth out 分发, 分配; 给予(判决, 处罚)
324. decide on/upon sth 决定, 选定
325. declare against 声称反对
326. declare for 声明支持, 表示赞成
327. dedicate sth/oneself to (doing) sth
把...致力于..., 献身于

- 对比: devote oneself/sth to(doing) sth
把...致力于..., 献身于...
328. delight in (doing) sth 以...为乐
329. deliver a speech/lecture 发表演讲
330. depend on/upon it that...请相信...
331. depend on/upon sb to do sth
依靠某人做某事
= depend on/upon sb doing sth
332. depend on/upon 依靠,依赖; 相信,信赖
由...决定, 取决于...
=trust (in) = have trust in
= rely on 信赖, 信任
333. dispose of sb/sth 去掉,消除,销毁,应付
334. devote oneself/sth to (doing) sth
把...致力于..., 献身于...
335. die away (声音,灯光)逐渐减弱,逐渐消失
比较: wear off 逐渐消失, 逐渐停止
336. die down 逐渐变弱,(声音情绪等)逐渐平息
337. die of 因.....而死, 死于(情感因素)
die of illness 因疾病而死, 死于疾病
die of hunger 因饥饿而死, 死于(饥饿)
die of grief 因悲伤而死, 死于(悲伤)
比较: die from 因...而死,死于(某种具体疾病)
338. die off 相继死去
339. die out (物种)灭绝,绝种;(观念,习俗)消失
340. differ from 不同于, 与...不同
341. differ in 在... (方面)不同
342. dip into 浏览; 把手伸进...里 (取东西)
343. disapprove of sth 不赞成, 不同意, 反对
344. disagree with 不同意,不赞成
- 与...不一致/不相符;对某人不适宜
345. distinguish A from B
显示 A 和 B (两者)的差别, 使 A 和 B 有所不同
346. distinguish between A and B 区别/辨别 A 和 B)
347. divide A from B 把 A 同 B 分开
348. divide sth. among/between... 在...之间分配
349. divide up 分割, 瓜分, 划分, 分配
350. divide...into... 把...分成
351. do /cause damage to 损害,对...造成损害
352. do away with 废除,取消,结束; 干掉,杀死
353. do good to sb/do sb good
对某人有帮助/有益
354. do harm to sb (=do sb. harm) 对某人有害
355. do sb. a favor /do a favor for sb. 帮助某人
356. do the bed 铺床
do the room 收拾房子
do the dishes 刷碗
357. do up 扣好(纽扣),系上(鞋带),
包扎; 修缮; 梳妆打扮
358. do up one's shoes/hair 系好鞋带/梳好头
359. do up the button 扣纽扣
360. do without 没有...也行,
没有...而设法对付过去
361. do with 对付, 处理; 做完, 结束
362. draw back 退缩, 撤回; 移开, 后退
363. draw in (天黑得)渐早, (白昼)变短
364. draw near 即将来临, 就要来临, 逼近)
365. draw on (时光)渐渐过去,荏苒;动用,利用

366. draw out (天黑得)渐晚,(白昼)渐长
367. draw up 拟定, 起草; (车) 停止
368. dream up 凭空想象, 虚构出
369. dress down 穿着随便; 训斥, 责骂
370. dress up 穿上盛装; 打扮, 装扮; 装饰
371. drink to sb/sth 为...干杯
372. drive away 驱车离开, 驾车送走
373. drive off 驱车离去; 击退, 赶走
374. drive sb mad (crazy/ insane) 使某人发疯
375. drop back/behind (sb) 落后, 落在...后面
376. drop in at sp 顺便拜访某地
377. drop in on sb 顺便拜访某人
378. drop off 减少,降低;小睡;让某人下车
379. drop out 退出, 离队; 退学, 辍学
380. eat out 上馆子吃饭, 在外用餐
381. eat up 吃完, 吃光; 耗费, 花费, 损耗
382. edit sth out (of sth) (从书,节目中)删除
383. end (up) with 以...结束
384. end in sth 以... (结果) 告终; 以...结尾
385. end up doing sth 以做某事而结束
386. enquire (inquire) about sb/sth 询问, 打听
387. enquire (inquire) after sb 向某人问好
388. enquire (inquire) in to sth 调查, 查问
389. enquire (inquire) sth of sb
向某人打听/询问/了解某事
390. exist in 存在于...
391. face the music 承担批评, 接受惩罚
392. face up to 敢于面对
敢于正视 (困难或不快之事)
393. fall apart 破碎; 破裂; 崩溃
394. fall back on/upon 求助于, 诉诸
395. fall back 退却, 后退
396. fall ill/asleep /silent 生病/睡着/沉默
397. fall in with 与...一致, 同意, 赞同
398. fall into ruins 成为废墟
399. fall into 陷入(某种状态);开始(交谈,讨论等)
400. fall off 减少, 下降
401. fall on/upon (责任)落在...身上,由...负担
袭击,向...进攻;(日期)适逢
402. fall out 掉落, 脱落
403. fall over 被...绊倒
404. fall through 落空, 失败, 成为泡影
405. fall to doing sth 开始做某事
406. fall to pieces 破碎, 崩溃, 瓦解
变得破旧不堪
407. fasten /tie ... to... 把...栓/别在...上
408. feast on sth 宴饮, 尽情地享受...
409. feed on sth (动物) 以...为食
比较: feed ... on 喂养,饲养(人作主语)
410. feel blue/down 感到沮丧, 情绪低落
411. feel one's way 摸索着前进
比较: fight one's way 挣扎着前进,
经(奋斗或努力)开路或获得(某事物)
412. fight back 忍住,抑制住 (情感)
fight back against sb/sth 奋力抵抗,还击
413. figure out 弄懂, 弄清楚, 弄明白; 计算出
414. fill (sth) up with sth 充满, 装满, 填满
比较: fill with sth (使)填满,充满,装满
415. fill in/out 填写 (表格)
416. find fault with sb/sth 找某人的茬儿

- 对...吹毛求疵
417. find out 查明, 弄清楚
418. finish (up) with sth 以...结束
419. fit in 挤时间做某事或见某人
fit in with sb/sth (与...)合得来,适应
420. fix a date/time for sth 为...确定日期/时间
421. fix on sb/sth 选定, 决定
422. fix sb up (with sth) 向某人提供
给某人准备, 安顿
423. fix sth on sth 集中(注意力/目光/思想等)于
424. fix sth up 安排, 准备好; 修缮, 整新
425. forget about 忘记了
426. forget it 没关系, 算了吧; 休息, 不可能;
住嘴
427. frankly speaking 坦率地说
428. gain +抽象名词
指经过努力而取得有价值或想要的东西,如
成就,经验,荣誉等。引申为“增加”,“到达
- gain confidence 增加信心
- gain strength 增加力量
- gain experience 增加经验
- gain weight 增加体重
429. get (sth) across (to sb) (使...)被(某人)理解
把...讲清楚
430. get about / around 流传, 传播; 四处走动
431. get ahead (of sb) 走在某人前面
领先, 胜过某人
432. get along (on) 进展,过活
433. get along(on) with sth 和睦相处
434. get along(on) with sb 应付, 对付
435. get around/round 说服, 把...争取过来
克服, 解决
436. get at 获悉, 了解, 查明, 发现
接近, 达到, 够得着某物
437. get away (from ...)离开, 脱身, 逃离
438. get down to (doing) sth 开始认真做某事
439. get down 写下, 记下; 吞下, 咽下
使沮丧, 使忧郁
440. get into 养成(某种习惯)
(使)陷入,处于; 对...产生兴趣
441. get in 收割, 收进; 到达, 进入; 当选
442. get it 理解, 明白
443. get out of 逃避,摆脱;戒除;抛弃(习惯)
444. get out 出去; 泄露, 被人知道
发表, 出版, 生产
445. get over 克服, 解决
从疾病(震惊等)恢复常态
446. get rid of 摆脱, 去掉, 除去
447. get through to sb 到达某人处
get through to sth 进入(下阶段比赛)
448. get through (with) sth 完成, 结束
449. get through (考试等)通过; 接通电话
get through to sb 使被理解, 使明白
(帮助...)接通电话等
450. get up 起身, 站起; (使)起床
451. give away 赠送, 捐赠; 颁发, 分发
丧失, 失去; 泄露
452. give back 归还=return
453. give in 屈服, 让步
give in to sb/sth 呈上, 交上

454. give off 发出, 放出(光, 热, 气味) (日月)落下;被写下,被记下
455. give out 用完,耗尽;分发,散发
发出,放出(光, 热等);公布,宣布
456. give sb a call/ring 给某人打电话
457. give sb. a heavy blow 给某人以沉重打击
458. give up 放弃, 抛弃; 停止, 中止
459. give/lend sb a (helping) hand 帮助某人
460. glance at 匆匆一瞥
461. glare at 怒视
462. go a long way toward doing sth
对做某事帮助很大/作用很大
463. go about 走动, (消息等) 流传
go about doing sth 着手做,开始做
464. go after 追赶, 跟在某人后面; 追求,谋求
465. go against 对某人不利; 违背,违反,反对
466. go ahead 好,干,(进)行(对请求表示同意)
走在前面,先走
467. go along 继续;进展,发展
468. go around/round to (to sb/sp)
拜访某人, 参观某地
469. go around/round 旋转,转动;足够分配
流传, 传播
470. go at 攻击某人; 拼命干
471. go away 走开,离开;离家外出(尤指度假)
472. go back on 违背, 背叛
473. go back (to...) 返回, 回到
追溯到, 回溯到; 重新开始
474. go blank (大脑)变得一片空白
475. go by (时间) 逝去, 过去; 遵循, 依照
476. go down 下沉,沉没;下降,减少; (因长大而)改掉,戒除某习惯
477. go for 适用于某人/物;去取某物;选择某物;
袭击;喜欢,被...吸引
478. go in for 参加(考试,竞赛),
从事(工作); 爱好,对...有兴趣
479. go into 从事, 参加; 调查, 研究
480. go off with 拿去; 抢走; 拐走
481. go off 爆炸; (铃)突然响; 变质, 变坏
(灯)熄灭,停止运行
482. go on (时间)过去,流逝;进行,发生;继续
483. go on(make/take) a voyage (to sp)
航海去某地
484. go one's own way 一意孤行, 我行我素
485. go out (灯) 熄灭; 公布, 发表
486. go over 仔细检查; 反复研究
仔细琢磨; 复习
487. go through with sth 做完, 完成
488. go through 经历/受; 仔细查看,检查
通过;仔细研究,反复琢磨
489. go up 上升,上涨;被兴建,被建造;被炸毁/烧毁
490. go with sth 与...相匹配 (match)
491. go without saying 显而易见, 不言而喻
492. go without 没有...而勉强应付,没有...也行
493. go wrong (机器)发生故障,出毛病;走错路
494. grow into 逐渐成长为
495. grow out of 产生于,源于
(因长大而)改掉,戒除某习惯
496. hand sth in (to sb) 提交,呈交,上交
497. hand sth out (to sb) 分发; 提出
给予(建议, 惩罚等)

498. hand sth over (to sb) 把...移交给某人 尊重/不尊重
499. hand/pass sth down (to sb) 把某物传下去 传给(后代) 520. hold up 支撑住;举起,抬起;阻碍,延迟 抢劫; 举出(例子)
500. hang about/around 闲荡, 等待, 逗留 521. hold with sth (否定句,疑问句)同意,赞成
501. hang back 忧郁, 踌躇不前 522. hold doing sth (否定句,疑问句)同意,赞成
502. hang on to sth 紧紧抓住;保留,不卖掉,不放弃 523. hold (keep / stick) to 坚持, 忠于
503. hang on 别挂断电话, 等一下; (逆境中) 坚持, 不放弃 524. impress on sb 给某人留下好印象
504. hang out (俚语) 闲逛 525. in a whisper 小声地
505. hang up 挂断电话 526. in addition 此外
506. have (got) sth on 穿着, 带着 527. in ruins 成为废墟
507. have a go(at sth/at doing sth) 尝试, 试图(做某事) 528. in vain 徒然 白费力气
508. have an eye for 对...有鉴赏力/眼力/识别力 529. insist on (doing) sth 坚持, 坚决要求
509. have something/ a lot to do with 与.../有很大关系 530. intend sth for ... 把某物供给...用
- 比较: have nothing to do with 与..无关 531. intend to do sth 打算做某事
510. help (sb) out 帮助某人摆脱(困境) 532. involve sb in sth 把某人牵涉(扯)到某事里
511. hold back 拦阻,阻挡; 抑制,控制(感情等) 533. join battle (with sb) 开始(与某人)交战
- 犹豫, 踌躇; 隐瞒 534. join hands(with sb) 与某人拉起手,携手 携手合作,联合,合伙
512. hold down 压制,控制; 保住(工作,职位) 535. join in sth (/doing sth) 参加,加入(活动)
513. hold off 推迟; 战胜, 克服 536. join up (with sb) 与某人联合, 会合
514. hold onto 抓紧,不放开;保住,不送(不卖)某物 537. join up 入伍, 参军
515. hold one's breath 屏住呼吸 538. joke with sb about sth 拿某事和某人开玩笑
516. hold on 别挂断电话, 等一下 539. judge sb/sth (to be)+adj/n 认为某人/某物是...
- (困境中) 坚持住, 挺住 540. judging from/by 从...判断,根据...判断
517. hold out 伸出;维持;坚持; 抱有(希望) (使某人/物)不接近/不接触/远离某人(物)
- 提出, 提供 541. keep(sb/sth) off sb/sth
518. hold over 搁置, 推迟 542. keep an eye on sb/sth 照看,留神,留意
519. hold sb/sth in high/low regard 543. keep an eye open/out for 密切注意,提防
544. keep at sth 继续做, 坚持干

545. keep down 限制,控制,降低,使不生升起
546. keep off sth 回避某话题; 阻挡,挡住
避免吃(喝)某物
547. keep on good terms (with sb)
(同某人) 保持友好关系
548. keep on 继续
549. keep out (of sth) 不进入; 避免某事
550. keep pace with sb/sth 与...并驾齐驱
与...步调一致
551. keep sb from (doing) sth 阻止某人做某事
552. keep sb/sth out of sth 使不进入
使不卷入某事,使置身于...之外
553. keep sth back 抑制(感情/泪水等);隐瞒
554. keep sth from sb 不将某事告诉某人,瞒着某人
555. keep sth to oneself 不将...说出去
把...秘而不宣
556. keep to 不偏离(主题),不跑题
遵守,信守(诺言); 留在,呆在(某地)
557. keep up 维持,保持;使熬夜/不睡觉;维护
(天气)持续不变
558. knock about/around 漫游,流浪
559. knock down 撞倒,击倒,打倒
knock over; 拆毁,拆掉(建筑物)
560. knock off 停止,中断;下班,收工;降价,减价
561. knock on/at 敲门(窗等)
562. knock out 使昏睡,使失去知觉;使目瞪口呆
563. know sb by sight 与某人面熟
564. know sb inside out 对...极为熟悉
比较: know sb very well 对某人非常了解
565. large(great/ huge) numbers of 许多
566. laugh at sb/sth 嘲笑, 讥笑; 因...发笑
567. laugh sth off 对...一笑置之, 付之一笑
568. lay aside 把...放在一边; 积蓄
569. lay down 放下;制定,规定;辞(职),放弃
570. lay down one's arms 放下武器
571. lay off 停止做; 别再打扰; 解雇
572. lay out 铺开,展开;安排;布置,设计
策划; 花(钱)
573. lay sth in/up 贮存, 贮备(食物)
574. lead to=result in 导致, 造成; 通向
575. leave off 漏掉,未包括在内;停止
576. leave out 省去,删除;遗漏;忽略,不考虑
577. leave sb/sth behind 把...抛在后面;
留下,忘带;永久离开(某人/地)
578. leave sth aside 不予考虑; 搁置一边
579. leave/let sb alone 不打扰, 不惊动
听任, 不要管
580. leave/let sth alone 别碰, 别动
581. let alone 更不用说
582. let down 使失望; 放下, 降下
(衣服)放长;(轮胎)放气
583. let in 让...进来, 进(水/气)
584. let off 发射(枪炮), 放(焰火);
放过, 对...不惩罚, 免除, 赦免
585. let on 泄露, 泄密; 假装, 装作
586. let out 泄露;让...出去;放掉(水,空气);
发出(声音);放大,加宽(衣服)
587. let up 减轻, 减弱; 送进, 放松(努力)
588. let us say/ let's say 譬如说,比方说,比如

589. lie about (东西) 四处乱放,乱搁;
(人) 闲呆着, 懒散
590. lie behind 是...的(潜在)原因
591. lie down 躺下, 平卧
592. lie in 在于,(问题)所在, 睡懒觉,起得晚
593. lie up (长期)卧床
594. lift off (火箭等) 发射,起飞,升空
595. light (sth) up 点根烟吸起来;点燃,照亮
(表情)明朗起来,喜形于色
596. line sb/sth up 使站成一对,使排列成一行
组织, 安排
597. link up 连接; 联系
598. listen (out)for sth 留心听(某种声音),倾听
599. listen in (on/to sth) 窃听, 偷听, 监听
600. listen to sb/sth 听; 听信
601. live on 继续活着, 继续存在
live on sth 以...为生, 靠...生活
602. live out 实践
603. live through 经历...而幸存, 经受住
604. live up to one's expectations
不辜负某人的期望
605. live up to sth 达到, 符合, 不辜负
606. lock (sth) up 锁好门窗
607. look ahead(to sth) 展望未来
608. look at 查看, 检查; 思考, 考虑, 研究
609. look back(on sth) 回顾, 回首
610. look in (on sb) (到某人处) 作短暂拜访
611. look into sth 调查, 研究
612. look on/upon sb/sth as ... 把...看作...
613. look on 旁观
614. look sb in the eye(s)/face
直视某人, 正视某人
615. look through sth 快速查看, 浏览
616. look to sb for sth 依赖, 指望
look to sb to do sth 依赖, 指望
617. look up to sb 钦佩, 敬仰, 尊敬
618. look up 好转, 改善
look up from sth 抬头看;拜访,看望;查阅(找)
619. loose conduct 行为不检点, 品行不端
620. lose / break contact with 与...失去联系
621. lose control = be out of control 失去控制
622. lose heart 灰心, 泄气
623. lose it 禁不住(哭笑等); 变得疯狂
624. lose one's breath 喘不过气来
对比: out of breath 上气不接下气
625. lose oneself in sth 沉迷于, 专心致志于
626. lose out (在比赛或竞赛中)失败,输掉; 被取代
lose out to sb/ sth 输给某人事
627. lose/keep one's temper (with sb)
发脾气; 忍着怒火
628. major in sth 主攻, 主修
629. make (both) ends meet 使收支相抵
勉强维持生计
630. make (it) up (with sb)
(和某人)言归于好, 和好
631. make(leave/create)a good impression(on sb)
(给某人)留下好印象
632. make a fool of sb= fool sb 愚弄某人
633. make a joke of /about sth 拿某事开玩笑
以某事为笑柄

634. make a/no/some/much difference
有/没有/有些/有很大关系(影响)
635. make believe (that...)假装
636. make contact with 与.....联络
637. make for 向...走去/前进; 有利于, 有助于
638. make it big 获得成功
639. make it 成功;准时到达
make it to sp 能够出席(到场);规定(时间)
640. make light of sth 轻视, 对...等闲视之
641. make much/ little of 认为...重要,重视;轻视
642. make off with sth 抢走, 偷走, 携...而逃
643. make off 匆忙离开; 仓皇逃跑
644. make one's way (to/ towards sp)
前往, 去某地
645. make oneself at home 随便, 别拘束
646. make out 填写,开列; 看出,辨认出
理解,明白; 声称,把...说成...
647. make sense of sth 理解, 弄懂
648. make sense 有道理, 有意义, 讲得通
649. make sth from sth 由...制造
= be made from
650. make sth of sth 用...制造
= be made of
651. make sth out of sth 用...做成...,把...改制成...
652. make sth over(to sb/sth) 转让, 移交
改造, 彻底改变形象
653. make the adjustment to... 适应...
654. make the best/most of 充分利用
655. make toward(s) 向...移动, 朝...走去
656. make up for 弥补, 补偿
657. make up one's mind 下定决心
658. make up 组成,构成; 虚构,编造
弥补,补上;化妆,打扮;铺床
659. make way for sb/sth 给...让路
660. make...into... 把...制成...; 把...转变成...
661. march on 继续行进, 快速经过; 向...行进
662. match up to 与...相符, 符合; 比得上
663. mean business 是认真的, 说话算话
664. mean on harm/not mean any harm
没有恶意, 并非出于恶意
665. mean well 本意是好的, 出于好意
666. meet one's eyes 和某人对视, 目光相遇
667. meet up (with sb) (按照安排) 见面, 会面
668. meet with sb 和某人会晤; (sth)遭遇, 经历
比较: meet sb 接某人
669. mind out (for sth) 当心, 注意
670. mind your own business 别管闲事
671. mind/watch your step
走路小心, 留心脚下, 谨慎小心
672. minor in sth 辅修;兼修;副修
673. miss out on 错过(机会), 遗漏
674. miss sb/sth out 不包括...在内; 遗漏
675. mistake sb/sth for sb/sth 把...错当成...
676. multiply ...by乘以...
677. never say die 别气馁,别泄气,不言放弃
678. not feel oneself 感觉身体不舒服
679. not to worry 别担心, 没关系
680. note down 记录, 记下
681. object to sb/(doing) sth 反对, 不赞成

682. occupy sb(in) doing sth/with sth 成功, 凑效, 有报偿
使某人忙于做某事
683. occur to sb 使某人突然想到
684. open up 畅所欲言; 开张, 开业
打开, 张开, 翻开
685. operate on 给某人做手术 找...的岔子; 挑中,选中
686. owe it to...that...归功于, 幸亏
687. owe sth to sb/owe sb sth
把...归功于...; 欠某人(钱等)
688. pack (sth) up 打包行李,收拾行装
放弃,辞掉; 停止工作,坏了
689. pardon me 什么,请再说一次; 对不起
690. pass as/for sb/sth 被当作, 被认为是
691. pass away 去世, 亡故
=pass on 消失, 消逝
692. pass by (sb/sth) 路过, 经过 (...旁边)
693. pass off (疼痛) 消退, 消失; 发生, 举行
694. pass on from one generation to the next
一代代流传下来
695. pass out 分发, 分配; 昏倒, 失去知觉
696. pass over 置之不理, 忽视, 略而不谈;
697. pass sth down 使世代相传, 流传
698. pass sth on (to sb) 把...传给/递给...
699. pass through 路过, 通过; 经历(受)
700. pay a call at sp. 访问(某地)
701. pay a call on sb. 拜访(某人)
702. pay a visit to sb/sp 参观, 访问
= pay sb/sp a visit
703. pay back 偿还; 报复
704. pay off 还清(债务);付清工资后解雇
705. pay out 付巨款
706. pay up 全部付清
707. pick off 去除, 剪除
708. pick on sb/sth 跟某人找别扭
709. pick one's pocket 扒窃, 掏包儿
710. pick out 挑出, 选出; 辨认出
711. pick up speed 加速
712. pick up 拾起, 捡起;(偶然)获得(知识等)
学会(语言);收听,收到(信号)
用车接(人), 搭载(乘客)
713. piece together 拼凑, 拼合
714. place an order for 订购
715. plan out 精心安排, 筹划
716. play a joke on sb 开某人的玩笑
=play a trick on sb
717. plug one's ears 塞住耳朵
718. point out 指出
719. point to 指着; 暗示, 预示
720. provide for 赡养, 提供生计
做准备,做出安排;(法律)规定
721. provide sth for sb 为某人提供某物
=provide sb with sth
722. pull apart 分开, 拉开(打架的人或动物)
拆卸, 拆散
723. pull back 撤退, 撤离; 退出, 退却
724. pull down 拆毁; 使虚弱, 使沮丧

725. pull in (火车)进站,(船)靠岸;
赚(大钱); 吸引
比较: pull out (火车)驶离车站, 出站
726. pull off 赢得,成功;(车)驶向路边短暂停车
727. pull on 随便穿上
728. pull oneself together 使自己镇定自若(冷静)
729. pull out of (火车)驶出; (使)脱离, 退出
730. pull out (火车)驶出; (使)脱离, 退出
731. pull sb up 把.....往上拉, 把.....拉上来
732. pull through (使)康复; 使渡过难关
733. pull together 齐心协力, 通力合作
734. pull up 停车, 停止; 斥责, 训斥
735. push (sth) over (使车船等)闪到一边
736. push one's way 挤过去, 奋力向前
737. push open 推开
738. put an end to sth 结束...
739. put aside 忽视, 不理睬; 积蓄, 攒钱
740. put at 计算, 估算
741. put away 把...收起来放好; 积蓄, 攒钱
742. put back 放回; 推迟, 延迟
拨慢, 把(钟表等)向后拨
743. put by=put aside 储蓄, 贮存
744. put down 写下,记下;放下;镇压,平定
使出丑, 使出洋相
745. put forward 推荐,建议; 提出,提议
将...提; 拨快,把...向前拨
746. put in 花费, 耗费(时间等)
打断,插话; 安装;(船)进港
747. put off 推迟, 延迟; 使分心
使厌恶; 取消, 撤销
748. put on weight 增加体重, 发胖
749. put out 熄灭,扑灭,关掉; 生产,制造
出版,广播,公布; 伸出
750. put sb up 为某人提供食宿
751. put sb/sth to test 使受考验, 使受检验
752. put sth into operation 实施, 使运转
753. put through 完成; (电话用语)把...接通...
754. put together 把...放在一起; 装配, 组装
755. put up with 容忍, 忍受
756. put...intopractice 把...付诸于实践
757. put...into use 把...投入使用
758. quarrel with sb about/over sth
和某人争吵/吵架
759. raise one's spirits 使振奋, 使鼓起勇气
760. range from A to B 从A到B之间变动(化)
range between A and B 从A到B之间变动(化)
761. rank high / low 排名高/排名低
762. rank third 位居第三
763. react against 反抗, 反对
764. react to sth 对...做出反应, 回应
765. react with... 与...发生反应
766. read about/of 读到, 获悉
767. read between the lines 领悟隐含的意义
看出言外之意
768. read one's thoughts/mind
看出(知道)某人的想法/心思
769. reason with sb 和某人讲道理, 规劝
770. refer to sb/sth as... 称某人/物为...
把某人/物称作...
771. refer to 提到, 谈及; 查阅, 参考; 指的是

772. relate to sb/sth 涉及, 与...相关
理解并同情, 了解
773. remember me to sb 代我向某人问好
774. remind sb of/about sth 使某人想起
775. remind sb to do sth 提醒某人做某事
776. reply to 回答, 答复; 回应, 对...做出反应
777. rest on/upon 依靠, 依赖; 凝视, 凝望
基于, 以...为基础
778. result from 起因于
779. result in 导致, 造成
780. return to normal 恢复正常
781. ring off 挂断电话
782. ring out 发出清脆的响声
783. rise / come to fame 成名
784. risk doing sth 冒险做某事
785. risk one's life (to do sth)
冒着生命危险 (做某事)
786. round sth off 圆满完成, 圆满结束
787. round up 将...聚拢起来,使聚集;围捕,围剿
788. ruin sth = bring sth to ruin 使...变成废墟
789. rule out 排除 (可能性), 拒绝考虑
790. run across sb/sth 偶然遇见 (看见)
= come across /meet ...by chance
= happen to meet
791. run after 追求; 追赶, 追逐
792. run away from school 逃学
=drop out of school
793. run away from 避开, 躲避, 回避
794. run into 偶然遇见, 碰到; 撞到...上
795. run off (液体) 溢出,流出; 复印,复制
- 举行, 进行
796. run out (of sth) 用完, 耗尽
797. run over 溢出; 撞到并辗过
798. rush sb off one's feet 使某人忙得不亦乐乎
使某人忙得不可开交
799. rush through 掠过, 快速通过
800. save one's life 救某人的命
801. search for sb/sth 搜寻, 寻找
802. search sb/sp 搜查某人的身, 搜查某地
803. see (to it) that 注意, 留神, 务使, 确保
=make sure(that)...
804. see about sth 安排, 处理; 查询
805. see sb through sth 帮助某人度过...
806. see through 看透, 识破
把...进行到底, 坚持完成
807. see to sth 负责; 照料; 处理
808. seek advice/ help from/ of sb
征求某人的意见/帮助
809. seek after 追求
810. seek for 寻找
811. seek out 找出, 找到
812. sell sth off 甩卖, 抛售, 变卖
出售,卖掉(产业,公司或土地)
813. send in 寄去(处理); 呈送 (报)
814. send off 罚某人下场; 寄出, 发出
815. send out 分发,散发;发出(光,信号,声音)
长出 (枝叶等)
816. send sb down 判某人入狱;开除,勒令退学
817. send signals by ... 通过.....发送信号
818. set about (doing) sth 开始做, 着手做

- set about (doing) sb 攻击, 抨击
819. set aside 留出, 搁/放在一边
820. set back 使推迟, 耽搁, 使延误; 使花费
821. set fire to (= set...on fire) 放火烧,纵火烧
822. set foot in/on 进入, 踏上
823. set forth 出发, 动身, 启程; 陈述, 阐明
824. set in (疾病, 坏天气等) 到来, 开始
825. set off 出发,动身; 使爆炸
引发,激起,使开始做某事; 衬托出
826. set one's mind to do sth.一心想做某事
827. set out 出发,动身;
828. set out to do sth 开始,;安排,摆放,陈列;陈述
829. set sail (from/for) 起航, 启程
830. set sb down 让某人下车; 写下,记下
制定,规定 (规则,原则)
831. set sth aside 把...放到一边(搁到一旁)
省出, 留出(钱或时间)
832. set up 建立,设立,创建; 安装,调试
为...做好准备
833. settle an argument about...
解决关于.....的争论
834. settle down 定居下来
(使)安静下来,平静下来
835. settle for 勉强同意, 接受
836. settle in (使)习惯(环境等), 定居
837. settle up 付清, 结账
838. show off 炫耀; 衬托出, 使夺目
839. show up 出现,出席,露面; 使难堪,使尴尬
840. shut (sth) down (使)停业,倒闭,关闭,停止运转
841. shut sb/sth off (from sth) 使与...隔离(绝)
842. shut up (使)住口, (使)闭嘴; 把...关起来
843. sign for 签收
844. sign in/sign sb in 签到/替某人签到
845. sign off 结束写信;(广播或电视)结束广播
846. sign out/sign sb out 签退/替某人签退
847. sign up (for sth) 报名参加
848. sit about/around 闲坐
849. sit back 歇息, 不积极参与
850. sit by 袖手旁观
851. sit down 就座, 坐下
852. sit in on 旁听(课程),列席 (会议)
853. sit out 坐在一旁看, 不参与
耐心等到结束, 熬到结束
854. sit through 坐到 (会议等) 结束
855. sleep in 睡过头, 睡懒觉
856. smooth away 消除, 排除 (障碍)
克服 (困难)
857. smooth sth over 消除, 缓和 (矛盾)
858. sort out 整理, 理顺; 斥责, 惩处
859. speak for sb 代/代表某人讲话; 为...辩护
860. speak highly of 赞扬
861. speak ill/well of 说某人的坏话/好话
862. speak up 大声地说; (for sb/sth) 为...辩护
speak up for sb/sth 为...辩护
863. specialize in sth 专攻, 专门从事, 专门研究
864. spring from 突然出现; 起源于, 由...造成
865. spring up 迅速出现, 突然兴起
866. stand by 袖手旁观; 支持,和...站在一起
信守, 遵守
867. stand for 代表, 象征; 支持, 赞同

(否) 容忍, 忍受

868. stand in (for sb) 代替, 顶替 (某人)

869. stand out 突出, 杰出; 显著, 显眼;

870. stand the test 经得起考验

871. stand up for sb 支持, 维护

872. stand up to sb/sth 经得起(检验, 审查等)

经受得住; 敢于面对

873. stay away (from sb/sth)

离开, 不接近(某人), 不去(某处)

874. stay in 呆在家里, 不外出

875. stay out of sth 不介入, 不干涉; 避开, 远离

876. stay out 外出, 不在家

877. steal a glance/ look (at sb/sth)

偷偷看...一眼

878. step up 走上前去; 增加, 提高

879. stick (sth) out (of sth) 伸出, 探出, 突出

880. stick around 不走开, 呆在原地 (附近)

881. stick at sth 坚持不懈, 坚持做某事

882. stick by sb 坚持忠于, 不背弃某人

883. stick by sth 信守, 遵守, 贯彻(承诺, 计划等)

884. stick out 醒目, 显眼, 引人注目

885. stick sth down 写下, 记下

886. stick to sth 坚持做某事; 维持, 固守, 忠于

887. stick up for sb/sth 维护, 支持, 捍卫

888. stick up 竖立, 向上突起

889. stick with sb/sth 紧跟, 不离开某人; 坚持

890. struggle one's way 艰难地行进

891. suffer from 忍受, 遭受

892. suit yourself 随自己的意; 自便, 随便

893. switch off 关掉

894. switch on 打开

895. switch over 换台, 转换频道

896. take (great) pains to do sth 费力地做某事

897. take ... for granted

认为...理所当然 (不成问题)

898. take after sb (外貌, 行为)像(某人), 与...相像

899. take apart 拆卸, 拆开, 拆散 (机器等)

900. take care (that.../to do sth) 小心, 当心

901. take care (告别用语) 走好, 保重

902. take charge of 接管, 监控

903. take down 拆掉, 拆除, 拆卸; 写下, 记下

904. take in 留宿, 收容; 欺骗; 吸入, 吞入;

涉及, 包括; 理解, 领会; 改小(衣服)

905. take it that... 假定, 假设; 设想, 以为

906. take measures/steps to do sth

采取措施做某事

907. take note of 注意到; 将...铭记在心

比较: take notes 做笔记, 做记录

908. take notice of 注意

909. take one's time (to do sth) 慢慢做

910. take on 雇/聘用; 呈现, 具有

承担, 接受; 接纳(乘客), 装载

911. take over 接收, 接管; 占上风, 取而代之

912. take possession of 持有, 拥有, 占有, 占领

913. take sb. by the arm 拉某人的胳膊

914. take sb. in one's arms 拥抱某人

915. take sb/sth by surprise 突袭; 使某人惊诧

出乎某人意料

916. take shelter 躲避

917. take sth as it comes 顺其自然, 安于现状

918. take sth into account 考虑到, 顾及
take account of sth 考虑到, 顾及
919. take sth into consideration 考虑到, 顾及
920. take to (doing) sth 喜欢, 耽于; 习惯于
921. take turns(to do sth/doing sth) 轮流做
922. take up arms 拿起武器
923. take up 从事,开始学,开始做
占用,占据;继续,接着讲;接受
924. take...seriously/calmly
严肃认真/冷静从容地对待
925. talk back(to sb) 顶嘴, 反驳
926. talk sb into/out of sth
说服某人做/不做某事
927. talk sb/sth down 贬低
928. talk sb/sth up 过分夸奖, 吹捧
929. talk sth over 详细讨论, 详谈
930. talk sth through 把某事说透
931. teach sb a lesson 给某人一个教训
932. tear at 用力撕
933. tear into 攻击, 袭击, 痛斥, 抨击
934. tear sth apart 撕碎,撕毁
使破裂,使分崩离析; 使不快,使担心
935. tear sth down 拆毁, 拆除
936. tear sth into pieces 把某物撕成碎片
937. tear sth up 撕毁, 撕碎(文件等)
938. tell against sb 对...不利
939. tell of sth 公布, 说明
940. tell on sb 告发,打...的小报告,告...的状
对...产生影响
941. tell sb off (for sth/doing sth)
责备,斥责,责骂
942. tell sth apart 把...区别开
比较: tell A from B 把 A 和 B 区别开
943. tend (to) sb/sth 照料,护理; 招待,侍候
944. tend to do sth 倾向于, 易于,
往往, 常常做某事
945. tend to/towards sth
有...倾向, 倾向于..., 趋于...
946. think about (doing) sth 思考, 考虑
947. think aloud 自言自语
948. think back(to sth)回想, 回忆
949. think little/poorly of 轻视, 认为...不好
950. think nothing of (doing) sth
不把...当一回事; 对...等闲视之
951. think nothing of it
(回答别人感谢或道歉) 没什么,别放在心上
952. think nothing of
认为... 不怎么样, 不把...放在心上
953. think of sb/sth as... 把...看作/视为...
954. think sth through 充分考虑
955. think up 想出, 发明
956. through thick and thin 不顾艰难
957. throw (sth) up 呕吐
958. throw cold water on sb.
对...泼冷水, 使气馁
959. throw doubt on/upon 对...怀疑
960. throw sth away 扔掉,抛弃;失去,浪费
961. throw sth off 匆匆脱掉, 扯掉
962. throw sth on 匆匆穿上
963. tie in with sth 与...相配; 与...相符/一致

964. tie sb down (to sth/to doing sth)
束缚, 约束, 限制
965. tie up 捆(系/栓)紧; 搁死(资金), 占用
966. to ... degree 达到.....程度
967. to a certain extent 在某种程度上
968. to say nothing of 更不用说
=not to mention 更不用说
969. treat sb to sth 用...招待; 以...款待
970. trial and error 反复实验, 不断探索
971. trick sb into (doing) sth 诱使某人做某事
972. trip over (被.....) 绊倒
973. try for sth 试图获得, 力争赢得
974. try one's luck (at sth) 碰运气
975. try out for sth 参加...的选拔(试验)
976. try sb/sth out 试用(某人); 试验, 测试
977. tune in (to sth) 收听, 收看; 理解, 体谅
978. turn (sb) against sb
(使)与...为敌, 转而反对, 背叛
979. turn (sb/sth) around/round
(使)翻身, 转身, 翻转; 好转, 有起色
980. turn a blind eye to sth 对...佯装不见
981. turn back (使) 返回, (使) 折回
982. turn off 转入岔道; 使厌烦, 使失去兴趣; 关掉
983. turn one's attention to 把注意力转向
984. turn on 攻击; 打开, 接通; 依...而定
取决于, 依赖于
985. turn out (to be) 证明是, 结果是; 熄灭, 关掉
结果(怎样); 生产, 制造
986. turn over 翻身, 翻转; 变换(频道)
移交, 送交, 仔细考虑; 营业额为
987. turn sb away (from sth) 把某人拒之门外
把...打发走; 转过脸去
988. use sth up 用尽, 吃光
989. use your head/loaf 动动脑子, 仔细想想
990. vary from ... to... 在...之间变化
vary between...and... 在...之间变化
991. vary in 在... (方面) 不同/相异
992. vary with 随...而变化
993. vote against 投票反对
994. vote for 投票赞成
995. vote sb/sth down 投票否决
996. vote sth through 投票通过
997. wait at table 伺候进餐
(往饭桌上) 端饭上菜
998. wait in 在家等候
999. wait on 伺候, 服侍, 招待; 拜访
1000. wait up 熬夜, 不睡觉(等人回家)
1001. wake up to sth 意识到, 认识到
1002. wash away 冲走, 冲掉
1003. wash down 配着食物喝
(用水喷射) 冲洗, 冲刷(大件物品或表面)
1004. wash off 洗掉, 冲洗掉
1005. wash out 把...洗掉, 清洗(某物的内部)
1006. wash up 饭后洗刷(餐具等); 把...冲上岸
1007. waste not, want not 勤俭节约, 吃穿不缺
1008. waste one's breath 白费唇舌
1009. watch out (for sb/sth)
当心, 小心, 留神(某人/某物)
1010. watch over 照管, 监督, 保护
1011. watch your head 小心碰头

1012. wave sb off 挥手送别
1013. wave sth aside/away
对...置之不理, 不理睬
1014. wear (sth) away 变薄, 磨光
1015. wear off 逐渐消失, 逐渐停止
1016. wear on (时间) 消逝, 过去
1017. when it comes to (doing) sth
当谈到(做)某事时, 就...而论
1018. wind sb up 开玩笑惹恼某人
1019. wipe out 彻底毁灭, 去除, 消灭
1020. work at 从事, 研习
1021. work it/things 办成, 办妥
1022. work out 锻炼身体, 做运动
计算出; 制定出; 找出...的答案, 解决
1023. work permit 工作许可证
1024. work with ... 对.....起作用
1025. wrap sth in 用.....把某物包起来
1026. wrap up 圆满完成, 结束;(使)穿得暖和
1027. wrestle with something
努力解决难以处理的事
1028. write sth down 写下, 记下
1029. write sth off 注销, 勾销
1030. write sth up 详细写出